

The 5K RACe for Jen's Kids Course:

Enjoy a beautiful run through Fredrick Law Olmsted's curving streets of Riverside, along the Des Plaines River and past architecturally unique homes, such as Frank Lloyd Wright's Coonley Estate & Playhouse. This course is certified and all participants will receive a 5K RACe for Jen's Kids T-shirt.

Why RACe for Jen's Kids?

Proceeds will be used to support the Riverside Arts Center & Jen's Kids. The Riverside Arts Center is a nonprofit organization providing Riverside, its surrounding suburbs and the city of Chicago with arts classes, art exhibitions, and special events. Jen's Kids is an outreach program of the Riverside Arts Center that provides therapeutic art activities for children under hospital care. Currently, one facilitator visits twice a week with patients at the Ronald McDonald Children's Hospital & Cardinal Bernardin Cancer Center of Loyola University Medical Center in Maywood, Illinois. Jen's Kids is funded by private donations. Please visit the following websites for more information www.riversideartscenter.com & or www.jenskids.org.

Cost:

\$25.00 per person / Day of Race \$30.00 per person (Cash / Checks Only).

NOT A RUNNER BUT WANT TO SUPPORT THE RIVERSIDE ARTS CENTER AND JENS KIDS? Send your donations to the Riverside Arts Center, 32 E Quincy, Riverside IL 60546. Please put a note indicating 5K RACe.

Registration:

Mail completed forms & checks to Riverside Arts Center 32 E. Quincy Riverside, IL 60546. Make checks payable to Riverside Arts Center.

- Mail in registration accepted until August 2, 2010.
- Online registration at [signmeup.com / 68714](http://signmeup.com/68714) > "5K RACe for Jen's Kids" until 10:00pm on Thursday, August 5, 2010.
- \$30 Day of Race Registration from 6:30am – 7:30am on Saturday, August 7, 2010.
- Some T-shirts sizes may not be available to the runners who register on the day of race.

Packet Pick Up:

Participants may pick up their race packets, T-shirts & goodie bags on Friday, August 6, from 5 - 8pm at the Riverside Arts Center or from 6:30am – 7:30am on Saturday, August 7 near the start of the race. All participants must pick up their packets prior to the start of the race.

Parking:

Parking may be available in the commuter lot at the Riverside Metra Station, around Guthrie Park or the surrounding neighborhoods. Please follow all parking regulations and be courteous to the neighbors.

Starting Time & Location:

The race begins at 8:00 am on Saturday, August 7, 2010. The start line is located near the intersection of Scottswood Rd & Barrypoint Rd, just west of the Riverside Presbyterian Church.

Awards:

Following the race there will be a brief award ceremony for the top placers! Awards go to top three male and female finishers by age group. Age groups are divided into 10 year increments.

5K RACe for Jen's Kids Participation Form:

Office Use Only

First Name: _____ **Last Name:** _____

Address: _____

City, State, Zip: _____

Phone Number: _____ **Email Address:** _____

Age on Race Day: _____ **Gender:** Male or Female **T-Shirt Size:** S M L XL XXL

Emergency Contact Name: _____ **Number:** _____

Waiver and Release:

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity that I may sustain as a result of said participation. I further agree to waive and relinquish all claims I may be entitled to (or accrue to me) as a result of participating in this activity against: Riverside Arts Center including its officials, agents, volunteers and employees. Participants registering hereby permit the taking of photographs, audio or video taping during the Riverside Arts Center Activity for publication and use as Riverside Arts Center deems appropriate. I have read and fully understand the above and waive and release all claims: **I understand and agree to the waiver and release**

Signature _____ **Date** _____